



Time	Race no.	Boat type	Distance	Event	Type
10:30	1	K1	500	Boys C & D	H1
10:35	2	K1	500	Boys C & D	H2
10:40	3	K1	500	Mens C + Men Masters B	H
10:45	4	K1	500	Mens D + Men Masters C -D	H
10:50	5	K1	500	Girls C & D	H1
10:55	6	K1	500	Girls C & D	H2
11:00	7	K1	500	Womens C-D + Women Masters A-B + Junior A-B Canoe	H
11:05	8	K1	500	U12 Lightning A & B	H
11:10	9	K1	500	Junior Open Regional Sprint U12 Lightning Novice + Junior Canoe C-D	H
11:15				<i>5 minute gap</i>	
11:20	10	K1	500	Girls A & B	H
11:25	11	K1	500	Boys A- B + Mens A-B + MVAK	H
11:30				<i>5 minute gap</i>	
11:35	13	K1	500	Boys C & D	F
11:40	14	K1	500	Mens C + Men Masters B	F
11:45	15	K1	500	Mens D + Men Masters C-D	F
11:50	16	K1	500	Girls C & D	F
11:55	17	K1	500	Womens C-D + Women Masters A-B + Junior A-B Canoe	F
12:00	18	K1	500	U12 Lightning A & B	F
12:05	19	K1	500	Junior Open Regional Sprint + U12 Lightning Novice + Junior Canoe C-D	F
12:10	20	K1	500	Girls A & B	F
12:15	21	K1	500	Boys A-B + Mens A-B + MVAK	F
12:20				<i>5 minute gap</i>	
12:25	22	K2	500	Boys C-D Mens C-D + MVB-DK	F
12:30	23	K2	500	Girls C & D	F
12:35	24	K2	500	Womens C-D + Women Masters A-B + Junior Canoe	F
12:40	25	K2	500	Junior Open Regional Sprint - sprint style boat	F
12:45				<i>5 minute gap</i>	
12:50	26	K2	500	Girls A & B	F
12:55	27	K2	500	Boys A-B + Mens A-B + MVAK	F
13:00					
13:05					
13:10					
13:15				Lunchhour gap	
13:20					
13:25					
13:30					
13:35					
13:40	28	K1	200	Boys C & D	H1
13:45	29	K1	200	Boys C & D	H2
13:50	30	K1	200	Mens C + Men Masters B	H
13:55	31	K1	200	Mens D + Men Masters C- D	H
14:00	32	K1	200	Girls C & D	H1
14:05	33	K1	200	Girls C & D	H2
14:10	34	K1	200	Womens C-D + Women Masters A-B + Junior A-B Canoe	H
14:15	35	K1	200	U12 Lightning A & B	H
14:20	36	K1	200	Junior Open Regional Sprint + U12 Lightning Noices + Junior Canoe C-D	H
14:25				<i>5 minute gap</i>	
14:30	37	K1	200	Girls A & B	H
14:35	38	K1	200	Boys A-B + Mens A-B + MVAK	H
14:40				<i>5 minute gap</i>	
14:45	39	K1	200	Boys C & D	F
14:50	40	K1	200	Mens C + Men Masters B	F

14:55	41 K1	200	Mens D + Men Masters C-D	F
15:00	42 K1	200	Girls C & D	F
15:05	43 K1	200	Womens C-D + Women Masters A-B + Junior A-B Canoe	F
15:10	45 K1	200	Junior Open Regional Sprint + U12 Lightning Noices + Junior Canoe C-D	F
15:15	44 K1	200	U12 Lightning A & B	F
15:20	46 K1	200	Girls A & B	F
15:25	47 K1	200	Boys A-B + Mens A-B + MVAK	F
15:30			<i>5 minute gap</i>	
15:35	48 K2	200	Boys C-D Mens C + MVBK	F
15:40	49 K2	200	Girls C & D	F
15:45	51 K2	200	Womens C -D + Women Masters A-B + Junior Canoe	F
15:50	50 K2	200	Junior Open Regional Sprint - sprint style boat	F
15:55	52 K2	200	Girls A & B	F
16:00	53 K2	200	Boys A-B Mens A-B + MVAK	F
			<i>25 minute gap</i>	
			Medal presentation for 500m K1 and K2 races	
16:25	56 K2	200	Mixed Ability - Div 4 with a Div 5	
16:30	55 K2	200	Mixed ability - Div 3 with a Div 6	F
16:35	54 K2	200	Mixed ability - Div 2 with a Div 7 or 8	F
			<i>15 minute gap</i>	
			Medal presentation for 200m K1 races	
16:50	57 K1	200	Relay race 4 x K1 or C1. One man, one women, one boy, one girl	F
16:55			Medal presentation for 200m K2, relay race and the club trophy	