

LONDON CANOE SPRINT REGATTA

Brief notes for Sunday:

- Please see separate Venue plan.
- There is now a café on site which has selection of snacks, ice creams and drinks, situation near the Finish Line
- You can park either to the right or left once through the large metal gates. Watch out for the Parking Marshall
- Changing rooms and toilets, Finish Line and Race Control are nearer to the parking on the right.
- Pontoons for getting On and Off the water and the grassed area for picnic etc., nearer to the parking on the left.
- There are 4 separate changing rooms, senior men, women, junior boys and girls along the corridor before the Centre reception desk (see venue map)
- Team leaders Meeting will be in the Reception area at 9.30
- The Desk for outstanding payments, late entries and changes will be in the Centre Reception area.
- Racing is planned to start at 10.30, a safety boat should be on the water from 9.45 for 'warming up'
- Lane numbers are required- no lane number could mean no time. There will be a few numbers available to burrow.
- Progression from Heats to finals: 1 Heat, all progress into the final: Two Heats, the first 4 boats from each heat plus from the remaining paddlers the one with best time into the final.
- Individual medals will be award for the first, second and third placed boats in the Finals.

Reminder

- All boats must have sufficient buoyance to remain level on the water and support the paddler if there is a capsize.
- All Regional, Novices and Lightning class paddlers must wear a buoyancy aid of the require standard.